

CLINICAL PATHOLOGY CONTENT SPECIFICATIONS

CHEMICAL PATHOLOGY

I. Cardiovascular

Biochemical markers for myocardial damage (troponins, CK-MB)
Biochemical markers of heart failure (BNP, NT-proBNP)
Risk assessment (lipid testing, inflammatory markers, hsCRP, homocysteine)
D-dimer
National Cholesterol Education Program (NCEP) Guidelines

II. Endocrine

Diabetes - glucose point-of-care testing, HbA1c; Fructosamine; Blood glucose control in ICUs
Thyroid – interpretation of thyroid panels, ultrasensitive TSH
Adrenal – diagnosis of adrenal cortical hyperfunction (eg, Cushing's, Conn's) and hypofunction (eg. Addison's, congenital adrenal hyperplasia); ACTH stim test to evaluate adrenal reserves in ICU; Salivary cortisol
Interpretation of tests for pheochromocytoma (urine and serum catecholamines and metanephrines, VMA)
Pituitary – testing for hormone-secreting pituitary tumors (especially prolactinomas), testing for selective or generalized pituitary gland failure
Parathyroid - intraoperative PTH

III. Obstetric

Prenatal screen advances: first trimester testing/integrated 1st and 2nd trimester screening; dimeric inhibin A for Down syndrome detection (quad screening tests)
Neonatal screening for most common metabolic diseases
Fetal fibronectin for premature labor

IV. Urinary System

Microalbumin
Use of estimating equations to predict glomerular filtration rate (eGFR) that use only measured serum creatinine and patient specific demographic factors (age, sex, race) to detect early renal disease

V. Electrolytes

Point-of-care testing
Interpretation of anion gap (clinical and for QC)
Interpretation of electrolyte abnormalities
Osmolality; osmolar gap calculation (as surrogate for alcohol/methanol measurement)

VI. Markers for Neoplasia

CEA, AFP, CA 15-3/27.29, CA125, CA 19-9, total and free PSA, β -hCG
her2/neu

Work-up of suspected monoclonal gammopathy (serum free Ig light chain assays in the
diagnosis of plasma cell dyscrasias, including AL) amyloidosis

General interpretation of IFEs and SPEPs

PSA role and limitations

VII. Nutrition and Anemia (overlap with Heme)

New testing methods for folate and B12 deficiency

HPLC for hemoglobinopathies

Iron overload disorders

Thalassemia heterogeneity and lab diagnosis

VIII. Toxicology, New Drugs and Adulterants

Screening vs. confirmation for drugs of abuse

Drugs of abuse masking agents

Use of genetic tests to predict patient-specific pharmacokinetic responses to drugs (i.e.
pharmacogenetics/pharmacogenomics), example: warfarin metabolism and
appropriate initial dosing

TDM-sample timing relative to PK, common drugs, transplant Immunosuppression drug
monitoring

Principles of TDM

IX. Methodologies

Tandem mass spectroscopy-technology, common applications

Electrophoresis—general interpretation of SPEPs and IFEs: e.g. IgG-specific isoelectric
focusing for multiple sclerosis capillary zone electrophoresis

HCV and cryoglobulin evaluation

Immunosubtraction

HbA1c limitations with hemoglobinopathies, eg sickle trait, HbC trait

RAST

General understanding of modern clinical laboratory instrumentation (e.g.
spectrophotometry, ISE's, ELISA and RIA techniques, etc)

Methods and method interferences

PCR/RT-PCR

FISH

HPLC

ELISA

Spectrophotometric analysis

X. Administration and Management

Point of Care testing